

1 in 26 people will be diagnosed with epilepsy



FOUNDATION

Who are we? A world wide program for the epileptic community. We provide opportunities and resources to support people of all ages to play the sport they love like everyone else.

What do we do? Whether you're newly diagnosed or have been living for epilepsy for years, we're here to support and guide you through the learning process to living a life with epilepsy.



Mission: We cultivate awareness through athletic events and to raise funds for medical treatments for those living with epilepsy. We strive to give an opportunity to embrace who they are and to show off their skill and talent.

Vision: Events in athletics give us a great opportunity to collaborate with like-minded individuals and our goal is to help people with epilepsy and seizures experience every aspect that life has to offer.

Seizure First Aid Steps

Step 1: Do not panic, move any sharp or harmful objects away from the person and turn them on their side.

Step 2: Place something soft under their head, and time the seizure.

Step 3: Wait for them to come out of the seizure, gently comfort them and be their support system.



For more resources and information on upcoming events
visit our site at www.1in26foundation.org



@1in26athlete