

SOCIAL & EMOTIONAL PROGRAMMING

TCSF hosts **monthly themed Book Clubs** and **community-driven events** like yoga sessions to foster emotional connection and self-care. These opportunities reflect the needs and interests of the SCN8A community, providing a platform for relaxation, reflection, and mutual support.

Pathway to Peace Life Coaching

In partnership with **Kara Ryska**, life coach and host of *The Special Needs Mom Podcast*, TCSF offers group coaching sessions for SCN8A families at a reduced rate or fully funded. This program supports both mothers and fathers, helping parents restore joy and purpose in their lives while navigating the challenges of raising a child with SCN8A.

Who is it for?

- If you're making it through but it's not fun anymore
- If you feel stuck despite therapy and advice
- If you're yearning for restoration and a new vision for the future

Grief Recovery Method

TCSF partners with the **Grief Recovery Institute** to provide the only evidence-based grief recovery program in the world. With both 1:1 and group support options, families can access a structured, compassionate approach to healing from loss.

Programs include:

- **Helping Children with Loss:** A 4-week program to help children navigate grief
- **1:1 Grief Support:** Private, personalized sessions
- **Group Grief Support:** Safe spaces to process grief in a supportive, evidence-based group environment

CUTE Connections Grant

TCSF awards **\$1,000 grants** (and larger amounts upon request) to SCN8A community members who want to host local meetups. These grants help fund regional events such as aquarium visits, BBQs, or adaptive sports activities.

Get creative and help foster SCN8A family connections!

For more information, visit: thecutesyndrome.com

SIGN UP



bit.ly/pathwaytopeacectcsf

GET MORE INFO

Email supportgroup@thecutesyndrome.com to receive more information about this program.

APPLY NOW



bit.ly/cuteconnectgrant

PATIENT & FAMILY ASSISTANCE

The Connor James Smith Patient Assistance Grant

This grant offers **financial assistance** to SCN8A patients for medical equipment, therapy devices, educational aids, or burial costs not covered by other programs. Funded in memory of Connor James Smith, also known as “Connorman,” this grant honors his legacy of joy and resilience. As one of the first SCN8A diagnoses, Connor faced immense challenges with courage and an infectious passion for Christmas lights, music, beach adventures, and outdoor activities in his wheelchair. Connor passed away at age 12 from respiratory failure and seizures, but his spirit lives on through this program, which helps families overcome financial barriers to essential care and resources.

Established with the support of Connor’s parents, Shawn and Krista Smith, the program reflects TCSF’s commitment to sustaining his legacy by ensuring the SCN8A community can pursue their dreams for a well-lived and loved life.



Dr. Mandy Harris Travel Grant

Attending the Annual SCN8A Gathering is an important experience for families, and TCSF provides **travel grants** to help cover transportation, lodging, and other travel-related expenses. These grants give families an opportunity to attend despite financial constraints.

This grant honors the late Dr. Mandy Harris, a Pediatric Neurologist at Riley Hospital for Children who was renowned in the SCN8A community for her unwavering dedication and compassion. Known for her timely responses and encouragement, she brought hope during the community’s darkest times. Her legacy lives on through this grant by helping families attend the annual Gathering to connect, learn about SCN8A, and support one another.

For more information, visit: thecutesyndrome.com

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