

## ABOUT PROJECT T.E.E.N.

This project will give teenagers on the neurological floor of hospitals access to hygiene products that aren't usually provided for them. I started this project because during an EEG hospital stay, you have electrodes attached to your head, making it so you are confined to your bed. You are not be able to take a shower or perform other hygiene tasks. My project will raise awareness for this as well as put together care packages that give teens access to keep themselves clean and comfortable while staying in their hospital beds.

# PROJECT T.E.E.N.

TEENS EXPERIENCING EPILEPSY NOW

## CONTACT INFORMATION

Have a question or suggestion? Reach out to us!



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# MY STORY

In third grade, I was diagnosed with epilepsy. After being diagnosed, I was in and out of hospitals constantly getting EEGs while they tried to figure out the cause of my seizures. The EEGs would span from 48 hours to me being hospitalized for an entire week. When I was younger, I wasn't too bothered by this. There was always kid activities to keep me occupied. As I grew older, not being able to keep personal hygiene like I normally did started to bother me. My face would break out when I was in the hospital because of the EEG glue and not being able to shower. My experiences left me always feeling dirty and uncomfortable. My junior year of high school I started Club Purple, an epilepsy awareness club. I started to make care packages for patients and other service projects to raise awareness. Near the end of the year, I had the idea for my hygiene packages and I have been working to make it happen since then. My hope for this project is that I make teenage patients feel comfortable during their hospital experiences.

# ACCOMPLISHMENTS

Project T.E.E.N. has successfully delivered 30 bags, raised over \$200, and received countless donations for our care packages. This project is growing exponentially and our progress has been inspiring. We have expanded to creating a friendship bracelet project, each package will contain a friendship bracelet so every recipient knows they are loved and have a friend. After traveling to Tallahassee, I have made so many more connections. Project T.E.E.N. will soon be making deliveries to other children's hospital in the Miami area.



# WHAT OUR BAGS INCLUDE

- Face and body wipes
- Face masks, eye masks, and other pampering products
- A small gift
- A friendship bracelet!

