

Seizure First Aid: How To Help

- Note the time the seizure begins. The length of the seizure matters to first responders and doctors.
- Roll the person on their side to keep their airway clear and to prevent choking.
- Cushion the person's head.
- Loosen any tight neckwear, such as a tie or scarf.
- Protect the person by clearing the space around them to prevent them from coming into contact with any objects.
- If the person is a relative or close friend and you feel they are protected, consider capturing a video of the seizure to share with their neurologist, maintaining utmost privacy.
- Know the response plan for family and friends. This may include rescue medications for seizures that last longer than a specified duration.
- If the seizure lasts for more than 5 minutes, or if you're concerned for the person's safety, call 9-1-1.
- Stay with the person until they are fully reoriented.

Questions For Your Care Team

- What is the exact diagnosis?
- Can the cause of the seizures be determined?
- What kinds of tests do we need, and would more frequent testing help? Ask specifically about MRI tests.
- What are treatment options, and what are alternative approaches?
- What side effects can be expected with treatment, and how can they be managed?
- May I have a recommendation for an Epileptologist?
- How can we determine if there is seizure activity during sleep?
- What types of devices exist that can alert a caregiver when seizure activity occurs?
- What should prompt a call between visits?
- Ask the doctor to discuss the risks presented by epilepsy, including SUDEP.

All content contained in this publication is for informational purposes only. Do not make changes in your or your child's medication, lifestyle, or seizure management process without consulting your physician.

"I just can't believe we have found this type of kindness!
From our family to yours, thank you so much for all of your help."

- Melady, Tennessee



Protecting Kids With Epilepsy



**Please Go and Enjoy
Your Life. Danny Did.**



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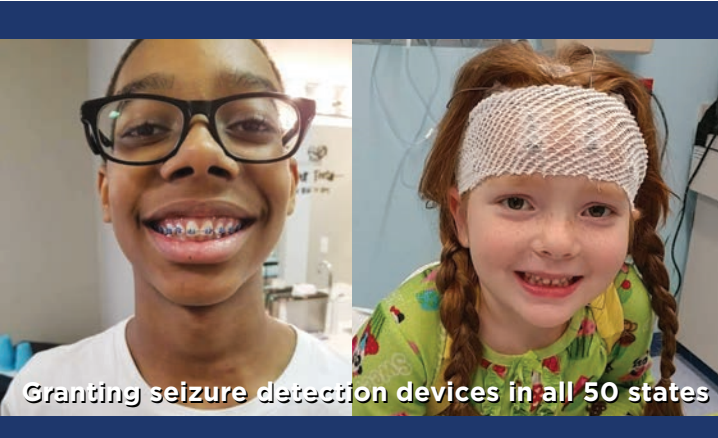
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The Danny Did Foundation is a not-for-profit corporation organized in the state of Illinois and recognized by the Internal Revenue Service as a 501(c)(3) tax-exempt organization. Please remember Danny Did in your will or estate planning.

Nearly 3.5 million Americans are diagnosed with epilepsy. In Danny Stanton's name, we pledge to help.

Learn about our mission to prevent deaths caused by seizures at dannydid.org



Granting seizure detection devices in all 50 states



Elevating SUDEP Awareness



Advocating Worldwide



Educating All Ages

About Epilepsy

Epilepsy is a neurological condition which affects the nervous system. Epilepsy can impact people of all ages, and is defined by the occurrence of two or more unprovoked seizures. 1 in 26 Americans will develop epilepsy. For two-thirds of people with epilepsy, the cause is unknown.

Danny Did: Who We Are

Founded by parents Mike and Mariann Stanton after the Sudden Unexpected Death in Epilepsy (SUDEP) of their son Danny at age 4, the Danny Did Foundation holds the mission to prevent deaths caused by seizures. We believe that a global issue like epilepsy deserves the attention and concern of all the globe's inhabitants.

Danny's example inspires us every day, when we remember that Danny Did take his time in life, Danny Did engage others in his life, and Danny Did enjoy his life. Our organization is rooted in family and community, and we work to bring resources and passion together to protect people with epilepsy.



What We Do

Our focus is to bridge the communication gap that often exists between healthcare providers and patients about the risk of SUDEP. We also enable patient access to seizure alerting devices that prompt early intervention and first aid. In addition, we elevate public awareness of epilepsy; counsel families; educate students; and track the pipeline of technology in the epilepsy space.

How We Use Funds

The Danny Did Foundation's spending directly supports our mission. We use our funds to:

- Provide grants for seizure alert devices for individuals and families who are financially constrained.
- Support initiatives to educate neurologists, epileptologists, and nurses about the importance of communicating the risks associated with epilepsy, including SUDEP.
- Sponsor and participate in conferences, expos, panels and other epilepsy/SUDEP-related events.
- Aggressively advance epilepsy and SUDEP awareness to reach all communities.
- Advance awareness about the most promising technologies and devices among people with epilepsy, caregivers and doctors. Visit dannydid.org to review a list of these products.
- Provide patient-centered feedback to guide and encourage startup device companies who are focused on epilepsy.

How You Can Help

Are you interested in volunteering, fundraising or otherwise supporting the Danny Did Foundation?

For a list of ideas on how you can help visit:

dannydid.org/get-involved

