

# Our Mission

To provide mental health services, support and information to the members of our Central Florida community.



## By The Numbers



84 cents

of every dollar donated is returned directly to program services



2,760

free patient visits and psychiatric services provided to the uninsured



\$925,057

of in-kind medical and facility services provided to community members



16,487

hours of service given by our volunteers

Fiscal Year 2021-22



## Who We Are

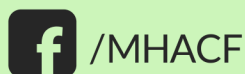
Established in 1946 the Mental Health Association of Central Florida is the leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and promoting the overall mental health of all. With 1 in 5 adults having a diagnosable mental health condition in any given year (with half of those developing conditions by the age of 14) the Association's work of promoting mental wellness and equity of access to mental health care is rooted in providing mental health services, support and information to the members of the Central Florida community.



**MHACF.org**

**(407) 898-0110**

1525 E. Robinson Street, Orlando, FL 32801



# Our Services



## Mental Health Connections

A free information and referral resource for individuals seeking mental health information for themselves, family, or friends.



Clients connected with mental health services



Database of mental health providers

## Guardian Advocate

Our Guardian Advocate Program trains individuals to serve as temporary surrogate decision makers for involuntarily hospitalized clients, under the Florida Baker Act, who have no family members to act on their behalf.



**533** Individuals represented & **135** trained Advocates



## Outlook Clinic

Central Florida's Only Free and Charitable Mental Health Clinic

Our Outlook Clinic provides direct psychiatric care for the uninsured. It is specifically designed for individuals diagnosed with depression or anxiety and offers psychotropic medication management.



Patients served



**100%** Uninsured



**49%** Employed

## Reflections

Reflections is a peer-driven recovery community working together in wellness. It offers continuous support and comfort through a community of peers.



**10+** Programs offered



**970**

Annual Reflections attendees



you are a lifeguard

You Are A Lifeguard is a suicide prevention and awareness initiative aimed at helping the youth. The program educates and encourage community members to become suicide prevention Lifeguards to support those in need. Pledge to be a suicide prevention Lifeguard today at [www.YouAreALifeguard.org](http://www.YouAreALifeguard.org).



**Over 1 Million** Social Impressions