

“It’s not just her journey, it’s ours.”



LEARN SEIZURE FIRST AID

Be calm

Remove dangerous objects

Always time the seizure

If person has fallen, turn on side and put something soft under head

Never put anything in mouth and never hold the person down

Tammy, McKinley’s Mom, with McKinley (age 11, diagnosed age 4)

SEEK MEDICAL ATTENTION:

- For a first-time seizure
- Seizure lasts longer than five minutes or repeats
- Person is injured, pregnant, or has diabetes
- Seizure occurs in water
- Person does not resume consciousness or normal breathing
- Person has no ID stating they have epilepsy

EPILEPSY AWARENESS
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