SUDEP is an important risk associated with epilepsy. We need to learn more, find its cause and how to prevent it.

PurpleDayEveryDay.org
Raising awareness of epilepsy

Take Action, Stay Safe
Positive steps can be taken to reduce epilepsy-related risk

BE AWARE OF all the risks!
your seizure triggers!
SUDEP!

Talk with YOUR doctor about how YOU can best tackle these issues
Did you know

✓ epilepsy-related risks vary from person to person

✓ risk of sudden death in epilepsy (SUDEP) is greater in people with frequent uncontrolled seizures

✓ taking measures to better control seizures is the primary risk management strategy

✓ all epilepsy-associated risks need to be taken into consideration in daily lifestyle decision-making?

To learn more about SUDEP ask your doctor. Also visit:

www.sudepglobalconversation.com